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# Noosa District State High School

## Newsletter

### Cooroy Campus

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Phone: 5472 2222 | Fax: 5472 2200

### Pomona Campus

Address: 120 Summit Road Pomona Qld 4568 | Postal Address: PO Box 168 Pomona Qld 4568

Phone: 5480 8111 | Fax: 5485 2270

Email: [the.principal@noosadistrictshs.eq.edu.au](mailto:the.principal@noosadistrictshs.eq.edu.au) | Website: [www.noosadistrictshs.eq.edu.au](http://www.noosadistrictshs.eq.edu.au)

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23<sup>rd</sup> October 2009

## PRINCIPAL'S NEWS

Dear Parents

**Congratulations to Light Speed Racing – our junior F1 Cars team who travelled to Toowoomba to compete at the State Titles and came home winners. The boys have done an exceptional job with their car design, marketing and presentation, ensuring they demonstrated a unique car for the judges. This is the second year in a row that Dale, Blake, Zac & Nathan have won the state title.**

**The boys will travel with their teacher, Mick Endicott, to Melbourne in March 2010 for the National titles.**

**Celebration is upon us next week. On Monday night the NDSHS Student Art Show will be held at 5pm in the Hospitality centre. Students art will be on display and for sale.**

**The Cultural and Sport Awards will be held in the hall following the Art show at 7pm. Parents and friends are invited to attend these prestigious awards. On Wednesday evening, beginning at 6.45pm, the Academic and Special Awards evening will be held in the school hall. This is a wonderful celebration of the outstanding efforts of many of our students, staff and our community.**

**Due to the number of after-hours commitments over the next few weeks the P&C group decided not to hold a meeting in November. The next (and last for 2009) will be on Monday December 1.**

**During the next few weeks students will have numerous assessment pieces in the form of assignments and exams. The need to remain focused and achieve to individual potential is important for each and every student. Please support your child by checking the website assessment calendar for due dates.**

**Learning and assessment continues to the last day – for Years 10 & 11 this is 27 November and for Years 8 & 9 this is December 11 2009.**

**With the increased risk of fire it is important we remain vigilant about our environment and individual safety. An evacuation drill was held on Tuesday 20 October 2009 to test our procedures to ensure student and staff safety. Over the coming weeks we will have another drill to better prepare us all in the case of an emergency.**

**Cate MacMillan**

### **FORMAL / GRADUATION REMINDER**

Invitations were given to Year 12 students earlier in the year with relevant information about the date and times for the graduation and the formal. Just in case you have misplaced this information, the details are:

Date – Thursday 19 November 2009.

Graduation – Noosa District SHS Hall - 4.30pm for a 5pm start.

All year 12 students are to attend.

Formal – Australis, Noosa Lakes Resort – 7pm to 11.30pm

Theme – Black & White

Compulsory bus transport provided from the graduation to the formal

Attendance is optional. Final payment was due on 14/9/09.

### **Light Speed Racing Qld Junior Champions**

The 2009 State Titles of the F1 in Schools program was held last week in Toowoomba. The Light Speed Racing team, consisting of Dale Hodgson, Blake Worboys, Zach Carmody and Nathan Brown, represented Noosa District State High School successfully for the second year in a row. Their clean, green approach, combined with the ute wrapping on their car impressed the judges.

The team of boys would like to thank all of the mentors who helped the students achieve their success. In particular, Kaye and Walter from Copywizz at Maroochydore have assisted the boys with the product of both their folio and trade display. Jess from Sunquest Industries introduced the boys to the ute wrapping technique that allowed them to change the appearance of their car. Peter from High Performance Industries explained the codes and techniques required to cut a car 1.75 times larger than the racing car.

Kalvin spoke with the boys about his experiences as a motor bike drag racing champion and assisted with the creation of the wheels for the racing cars.

The boys are seen here in front of their trade display. Left to right, they are Zach Carmody, Dale Hodgson, Nathan Brown and Blake Worboys.



<b>DATES TO REMEMBER</b>	
26 <sup>th</sup> October	Sports and Cultural Awards Night at Cooroy Campus
28 <sup>th</sup> October	Awards Evening at Cooroy Campus
2 <sup>nd</sup> November	School Council and P & C Meeting at Cooroy Campus Immunisation – Year 8 students (Pomona Campus)
5 <sup>th</sup> November	Year 10 Student Free Day – Set Plan Year 9 into Year 10 half day transition at Cooroy Campus
19 <sup>th</sup> November	Formal Graduation
27 <sup>th</sup> November	Last day for Years 10 & 11
30 <sup>th</sup> November	Exams commence
7 <sup>th</sup> December	P & C end of year social evening
8 <sup>th</sup> December	Year 8 2010 Orientation
10 <sup>th</sup> December	Year 8/9 Student Benefit - Dreamworld Excursion
11 <sup>th</sup> December	Last day of school

## **POMONA CAMPUS NEWS**

### **YEAR 8 INTO YEAR 9 SUBJECT SELECTION**

Thank you to all the parents and students who attended our Subject Selections on Monday 19<sup>th</sup> October. We will now process these selections and we will contact you to discuss other options if your child cannot be placed into their first to third choice.

### **YEAR 9 INTO YEAR 10 SUBJECT SELECTION**

These forms were handed out last Friday, 9<sup>th</sup> October and are only required to be returned if your child wishes to change an elective. The electives are: Agriculture, Industrial Technology (Metalwork) and Music. Places in these classes are limited so please ensure the form is returned immediately.

### **YEAR 7 ENRICHMENT AFTERNOON – WEDNESDAY 14<sup>th</sup> OCTOBER**

Our enrichment afternoon went extremely well with 54 students coming from Tewantin, Cooroy, Pomona, Cooran, Federal and Kin Kin SS. Thanks to the 38 parents who attended our school information session where any questions or concerns regarding timetables, uniforms etc. were discussed. We are planning another enrichment afternoon week beginning 16<sup>th</sup> November and will contact the primary schools with further details before this date.

### **DENTAL VAN**

The van is in our school for the rest of the term. Forms were handed to your child in term three and appointments are well underway. Please contact us should you require any further information.

### **IMMUNISATIONS – MONDAY 2<sup>nd</sup> NOVEMBER**

Year 8 students will be receiving their second round of Hepatitis B and the third round (girls only) for HPV vaccinations.

### **OUR CAMPUS SUPPORTS JUMP ROPE FOR HEART**

We have received a sincere thank you from the Heart Foundation for our general support in helping us protect the heart health of Australians, through participating in the Heart Foundation Jump Rope for Heart. Over the years our campus and the former Cooroora Secondary College has raised in total \$4127.55. This is a fantastic effort and a big thank you to Ms Below for organizing every year for 10 years this event.

### **SAFETY AT SCHOOL**

At our school we follow four values. The values are Respect, Courtesy, Co-operation and Safety.

Students have values sheets shown in each classroom which are referred to regularly. Our fourth and final value is SAFETY.

### **What is Safety (discipline)?**

Together we decided that safety (discipline) is about **learning the rules** to keep others and ourselves safe and happy.

What to do to stay safe or have good discipline.

- Learning the rules and keeping them

- Looking after yourself and others
- Doing the right thing
- Being a good member of society
- Learning the difference between right and wrong
- Knowing that if you do something wrong there will be consequences or punishments
- It means following directions and instructions
- Being in charge of yourself

### **Safety (discipline) at school**

When you are at school the teachers are 'in loco parentis' which is a fancy way of saying that they have to look after you like your mum and dad do.

Of course teachers have lots of kids in their classes. That means that all the school rules, including classroom rules, which you may help to set up, are there to keep everyone safe, healthy and caring for each other, as well as not damaging their own and other people's feelings or things.

- There are rules about safety, eg. no running on concrete, not leaving the class without permission etc.
- There are rules about health, eg. wearing a hat in the sun, washing hands before eating etc.
- There are rules about getting on with others, eg. sharing, listening, being kind etc
- There are rules about looking after property - your own, other people's and the school's etc.

### **Following 'orders' for your safety**

You may not be in the army, but there are some times when, wherever you are, you have to follow direction and instructions when an adult who is responsible for your safety tells you to do something to keep you safe. (Mum, Dad, teachers, older family and friends, your sports coach, the Police, etc.) These are all people to listen to in an emergency situation because they are looking after your safety.

Regards

Stewart Worboys  
Head of Campus

# COMMUNITY NOTICES

## NOOSA DISTRICT CATHOLIC PARISH NEWS

### ATTENTION CATHOLIC FAMILIES

Confirmation Programme 2009  
(for children of Year 6 age and above)

Enrolment Meeting – Parents Only

Monday 26<sup>th</sup> October 7 pm – 8 pm (Sunshine Beach)

Please call the Parish Office on 5447 1188  
for further information.

Best wishes,  
Ann-Maree Pitot  
Sacramental Co-ordinator, Noosa District Catholic Parish

### **EVER CONSIDERED BECOMING A FOSTER CARE FAMILY?**

*Lifeline Community Care Queensland is seeking registrations of interest from families who would like to participate in their Foster Care program for children with a disability. This is a great opportunity to make a significant difference in the life of a precious child with a disability. For more information, please go to: [www.fostercare.applynow.com.au](http://www.fostercare.applynow.com.au)*

*You will gain as much as your Foster Child!*

### **URGENT MESSAGE FOR ALL YEAR 12s WHO ARE GOING TO UNI NEXT YEAR**

By now you've put in your QTAC form (if not, you can still apply – you'll just need to pay a late fee. Visit [www.qtac.edu.au](http://www.qtac.edu.au) for details).

**BUT**, if you think financial hardship may affect you getting the OP you need or make it difficult for you at uni, you should also fill out the **QUT Equity Scholarships Scheme and Q-Step Program application. On-time applications are due 6 November 2009.**

It's quick and easy AND you will be considered for an **OP bonus of up to 3 points** along with a **guaranteed bursary of \$1000** (if you have QUT as a preference).

The Federal Government is also making improvements to Youth Allowance. This means more students will be eligible and have access to Commonwealth Scholarships. Talk to Centrelink on 132490.

For more information and a copy of the form call the QUT Equity Scholarships Team on 07 3138 5582 or visit [www.equity.qut.edu.au/scholarships/](http://www.equity.qut.edu.au/scholarships/)

## **2010 BRISBANE TERTIARY STUDENT ACCOMODATION**

Raymont Lodge Residential College provides fully furnished accommodation for students undertaking tertiary study in Brisbane within a supportive Christian environment.

The College is located 4km from the heart of Brisbane and in close proximity to the University of Queensland and the Queensland University of Technology and other places of study close to the city. All public transport is within easy access to the College.

Raymont Lodge provides modern and comfortable single room accommodation for up to 120 students in a safe and friendly atmosphere. All meals are provided as well as a number of other services that include: internet access, individual telephones, common room, and swimming pool.

Additional information is available on the internet at [www.raymont.com.au](http://www.raymont.com.au) or by contacting the College on 07 3377 9903.

Raymont Lodge is a ministry of the Uniting Church in Australia, Qld Synod.

## **RESPONSIBLE SERVICE OF ALCOHOL (RSA)**

We are a registered training organisation and we offer the Responsible Service of Alcohol (RSA) course online which we would like to advertise in the school newsletter for Year 11 and 12 students.

This RSA has been approved by Office of Liquor Gaming and Racing (OLGR) so can be used in any of the thousands of licensed premises in Qld where liquor is sold or served.

Normally AOT charge the public \$85 however we would discount this course for senior students by 20% which would reduce the cost of the course down to \$68. The RSA is delivered online which means students would require access to a computer and internet from home or school to complete the course. Students have access to the course for 2 months however the course only takes approximately 4 hours.

Regards

Krystal King  
Marketing Manager

## **Accredited Online Training**

**t:** 1300 72 66 34 | **ext:** 102 | **int:** +61 7 4041 3198 | **f:** 07 4041 7794  
**e:** [krystal@aot.edu.au](mailto:krystal@aot.edu.au) | **w:** [www.aot.edu.au](http://www.aot.edu.au) | **skype:** AOT\_Marketing  
**a:** 283-289 Draper St Cairns | PO Box 7575 Cairns QLD 4870

## ISSA CREATIONS

October Calendar <http://ndshs.qld.edu.au/redir/octnewscal.pdf>

## INAUGURAL CQ UNIVERSITY AND THE QLD RESOURCES COUNCIL SCHOLARSHIP

### **\$40,000 CQUniversity Australia and QLD Resources Council Scholarships**

CQUniversity Australia and the Queensland Resources Council are pleased to announce that applications are now open for 2 x \$40,000 scholarships for current year 12 students intending to study Engineering or Environmental Science with CQUniversity in 2010. The scholarships include an annual payment of \$10,000 for the duration of the program (to a maximum of four years) and membership to the QRC scholarship ambassador program. Preference will be given to students who demonstrate academic achievement in addition to personal leadership qualities and have an interest in a career in the minerals and energy sector. For an application form contact CQUniversity on 13CQUni(132786) and quote keyword "QRC Scholarship". Applications close 28 November 2009.

### **Sue Williams**

Brand and Market Research Officer  
Gladstone Campus  
CQ University  
Building 603, Bryan Jordan Drive  
Gladstone QLD 4680  
AUSTRALIA  
Ph: +61 7 4970 7243  
Fax: +61 7 4970 7341  
Website: [www.cqu.edu.au](http://www.cqu.edu.au)

## **CYBER BULLYING**

Bullying comes in many forms but one of the most sinister forms is through technology (the internet or mobile phones) in the form of MSM messaging, emails, face book etc. Psychologist Michael Carr-Greig is a founding member of the national centre for bullying. He works for Beyond Blue, and he's also been called upon to help counsel the students in the latest loss of life through cyber bullying. He states that cyber bullying is worse than school yard bullying as it can continue 24/7. Because the bully doesn't need to see its victim the bullying is often more intense, and more frequent and can be far more damaging. Cyber bullying is difficult to get away from as today's youth are in many ways so deeply dependent on their phones and computers to develop or increase their social network, that banning them would be what the kids would call 'social death'.

Here are some ideas:

- Talk to your child about bullying – ask them if it has or is happening to them either face to face or through the mobile or internet. If it is happening act now.
- Supervise your child's internet and mobile usage (with teenagers this may be more difficult but as children need 8.25 to 9.25 hrs of good sleep each night encourage the mobile to be turned off and left outside the bedroom.

- Limit internet usage. Where possible have the computer in a public area)
  - Watch for changes in your child's behaviour – Are they withdrawn or not themselves? Are they sad/ tearful/angry/ not enjoying things they may have once enjoyed? Is school work affected? These factors may indicate depression. It may also indicate that your child is unwell.
  - As bullies thrive on secrecy, if you, the parent know about bullying then report it – to the school or police and ensure follow up with you occurs.
- Michael Carr-Greig states that to help children be resilient:
- They need to have an adult in their life who they feel safe with (and will feel comfortable talking to)
  - Children need to learn social and emotional skills – both at home and at school.
  - Provide a balanced life for your child – school is one part of their life. Involve them also in the arts, music, sport, leisure.
  - Teach your child to self- talk positively – it's just as easy to say something nice about yourself as it is to put yourself down
  - Provide spiritual awareness – being connected to something/someone that transcends this world helps with people to cope with problems.
- If you need more help on this issue, these numbers may be useful Lifeline 131114 or Beyond Blue 1300 224 636 or speak to your Guidance Officer at your school.
- Adapted from Michael Carr Greig's Radio Conversation 22/7/09*  
 ABC radio interview [http://blogs.abc.net.au/queensland/612\\_morning/index.html](http://blogs.abc.net.au/queensland/612_morning/index.html)

## **NEW SOFTBALL CLUB - Slammers**

**For Noosa District Softball Association**

**COME & JOIN US FOR THE SUMMER SEASON**

**Starting Saturday 10th October 2009 with a 2 week round robin.**

**Competition starts 24/10/09. Training 3:30 Tewantin Sports Complex Softball grounds. We are still looking for players.**

We cater for all ages and abilities and are looking for new players whether you have played before or not.

T-Ball/U10's, Under 12's

U15's, U17's, U19's

Men's & Ladies

Put in your own team, or join one of ours all are welcome.

All games will be played on Saturdays at the Noosa Softball Grounds Tewantin.

Our Training Day will be Tuesday afternoons from 3:30

Starting on Tuesday 6th October

All enquiries can be made by contacting the following people,

President: Glen Gorton 0412 793 771

Secretary/Treasurer: Debbie Malcolm 0414 886 179

Or After Hours 5455 5867

Email: [debmalco@bigpond.net.au](mailto:debmalco@bigpond.net.au)

### **“STRONGER FAMILIES PROGRAM”**

St Vincent de Paul's Stronger Families Program is a wonderful opportunity to draw on your life experience, your skills and your heartfelt desire to be of help to others in our community.

**“Stronger Families” is a project aimed at assisting families in-home in practical and educational ways.**

Volunteers have assisted families in a variety of specific ways: eg. offering encouragement & support, assisting parents to learn how to cook a healthy meal, helping families develop routines, teaching practical & positive parenting strategies and modelling ways that parents can play with their kids.

Volunteers are trained and supervised to non-intrusively and respectfully engage with families so that children's needs for healthy growth and development are prioritised.

**Please phone Renee on 5482 7429 or 0418 197 388**

**If you are inspired or interested.**

### **LIFE WITHOUT BARRIERS – FOSTER CARERS**

*Life without Barriers*, <http://www.ndshs.qld.edu.au/redirect/lwb.html>

You can make a real difference to the lives of children and adolescents with high support needs through the provision of full time or weekend care.



578 Beenham Valley Road

Gympie 4570

ABN: 23 278 014 614

Ph: (07) 5486 6166 Fax: (07) 5486 6014

[info@kiahpark.com.au](mailto:info@kiahpark.com.au)

[www.kiahpark.com.au](http://www.kiahpark.com.au)

We are a Christian based **Horse Riding Camp** and hold **7 Day Camps** for children every school holidays. The camps offer a fantastic opportunity for children to gain their independence in a safe Christian environment.

We cater for children ages 6 yrs to teens, offering full accommodation and adult supervision. The camp is situated close to Gympie and there is a bus available from Brisbane.

### **COOROY DOLPHINS SWIMMING CLUB**

**11.00 am – 1.00 pm**

**Noosa District High School Swimming Pool**

With the swimming season almost upon us we wish to invite current members and people interested in joining the club to come along to a sausage sizzle where you will meet our new coach Lucy McDonnell. Lucy comes to us from NZ with excellent credentials and new and innovative training techniques. She is committed to making the forthcoming swimming season both successful and enjoyable for all. She will be heading the Learn to Swim programme and if you wish to find out more about her 'Learn to Swim Programme', please contact Lance McFayden on 0412980786.

We as a club cater for all ages and all levels of experience, from those who are new to swimming and wish to gain more confidence, to those children that wish to compete at swimming carnivals.

### **Noosa District High School Swimming Pool 11.00 am – 1.00 pm**

This season we will also be having Adult swimming four mornings a week (5.30am-7.00am) and evenings (Tuesday and Thursday) 6.30pm-8.00pm. For further information please contact Lance McFayden on 0412 980786.

### **LEARN TO SWIM**

**With the swimming season upon us now we invite current club members and people interested in joining the club to come along to our pool and meet our new coach Lucy McDonnell.**

**For further information please contact Lance McFayden on 0412980786.**

**COMPARE OUR PRICES WITH ANY OTHER SWIMMING CLUB – WE ARE THE CHEAPEST ON THE COAST AND ARE NOW IN OUR 35<sup>TH</sup> YEAR OF OPERATION!!**

**Look forward to seeing you there.**

### **BUTTERFLY KIDS**

We are excited to have Mortgage Choice supporting Butterfly Kids with this great offer. For those wanting roof insulation ready for the hot summer, Mortgage Choice in partnership with Coastwide Insulation are offering to install ceiling insulation up to the value of \$1600 via the govt assistance rebate program, and donating \$25 from each insulation to Butterfly Kids. Please support Butterfly Kids by supporting Mortgage Choice - Buddina, Caloundra and Noosa offices and phoning Robert Harney on 54446007 to receive this offer. Offer valid until the 31st December 09.

Please see the attached offer for more details and spread through your networks to assist the Butterfly Kids Charity.

<http://ndshs.qld.edu.au/redirect/mortgchoi.pdf>

Please note our new contact details.

[Sunshine Coast](#)

Office Address - Suite 11 / 11 Bartlett Road Noosaville Qld 4566

Phone - 1300 506 581  
Fax - 54471339  
Mailing Address - P.O Box 2347 Noosa Heads Qld 4567  
Email Address - [admin@butterflykids.com.au](mailto:admin@butterflykids.com.au)

## HOST AN EXCHANGE STUDENT



High School  
Foundation  
Australia

## SOS FOR HOST FAMILIES

### OUT- BOUND STUDENT APPLICATIONS

*It is the dream of many teenagers to visit our vast and "exotic" country, Down Under. Their dream can only come true with your help. It is only through the hospitality of caring families, with an interest in better cultural understanding and world peace, that these dreams can become reality.*

**STS High School Foundation urgently needs Volunteer Host Families, and Short –Term Emergency Volunteer Host Families, for students arriving from Europe, Canada and USA in January and July 2010.**

**Repeat Host Families are eligible for Coles/Myer Vouchers of \$500 per term; and a discount of \$750 per Semester to send their 15-18 year old students overseas.**

**A bright Finish boy urgently needs a Host Family in Brisbane/Ipswich/Toowoomba for his final Semester in Queensland, starting at the end of November, 2009 and ending in late May 2010. He has been at the Rockhampton Grammar School for the past 5 months . His current Host Family has to go overseas**

**We are also commencing interviewing students aged 15 -18 years old wanting to study overseas, as Australian Cultural Exchange Students in Europe, Canada, the USA, and South America in 2010 and 2011. Free Travel Insurance is available for Applications received before 15 November, 2009.**

If you would like to join a unique and growing group of families and students in Queensland, we need to hear from you now.

STS High School Foundation is a not for profit student exchange organization, with 51 years of experience and a global network of 22 offices. Our organization is registered with Education Queensland.

Please contact : **Suzanne Kidman**  
**Queensland State Coordinator**  
**STS High School Foundation**  
**PO Box 666**  
**The Gap Qld 4061**

Ph/Fax: 07-3300-0301

Email: [suzanne.sts@optusnet.com.au](mailto:suzanne.sts@optusnet.com.au)



***Want to win a recording package?***

It's gonna be a hot 'n' heavy summer so get ready to sweat it out during the Summer of Sound.

This Summer the Sunshine Coast will play host to 4 live music competitions at 4 different locations. From Caloundra to Noosa, Kawana to Maleny, local muso's will have the chance to battle it out for one of 4 recording packages worth over \$1000.

Yes there's a catch... the majority of your band must be 25 years old or younger to compete.

***All genres from metal to folk***

All genres are eligible, however they will be grouped to ensure a greater variety of music is represented in the competitions and to avoid a hard core metal group going up against a hippie folk songstress — because that would be weird.

***How do you enter?***

**Registration opens Tuesday the 20th of October.** Voting opens 30th of October. Yep that's right if you want to compete in the LIVE competition you've got to get everyone you know to vote you through!

Sound like the kinda Summer you want to be part of?????

**Step 1** Register on Book a Band Direct: [www.bookabanddirect.com.au](http://www.bookabanddirect.com.au)

**Step 2** Copy and paste the link to your page on your registration form on the Summer of Sound website: [www.sunshinecoastyouth.com/bands/](http://www.sunshinecoastyouth.com/bands/)

**Step 3** Print out the entry form, fill it in, sign it and post it to us.

**Step 4** Email everyone you know, invite everyone on your facebook and myspace, tell everyone on twitter to vote for you!

**See it LIVE, Play it LOUD, Keep it LOCAL!**

